



# Hell of the North Cotswolds (HONC) 2021

Promoted & organised by Winchcombe CC \* & Cheltenham & County CC

## PARENTAL CONSENT FORM

**Please complete and return to HONC Admin, Kingsmead, Working Lane, Gretton, Glos. GL54 5YU**

**Riders name in full** ..... **Date of Birth**.....

**Parent or Guardian Name in full**.....

Address

County

Postcode

### I, being the parent or guardian of the above rider

- a) have read the attached **Event Rules** incorporating British Cycling Regulations and will ensure my son/daughter complies with these.
- b) understand and agree that my son/daughter participates in this event promoted under the British Cycling Guidelines for non competitive cycling entirely at his/her own risk. I have considered and understand the nature of such events and have discussed them with my son/daughter. I am satisfied that my son/daughter is sufficiently responsible and competent to assume full and entire responsibility for his /her own safety whilst engaged in this non-competitive event organised under British Cycling Regulations.
- c) understand that riders over 16 years of age are permitted to participate on the public highway and must therefore assume full and entire responsibility for their own safety in relation to other traffic. I understand and have emphasised to my son/daughter that the function of marshals in such events is to do no more than indicate the direction the rider should take and that the responsibility for safety whilst negotiating corners, junctions, turns and other hazards must rest with the rider alone.
- d) understand and have fully impressed on my son/daughter that all participants in events on the open road must observe the laws of the land relating to road travel.
- e) agree that my son/daughter shall participate in this event without any liability whatsoever on the part of the promoter, promoting club/s, British Cycling, or any club or organisation affiliated thereto or their officials or members in respect of any injury, loss or damage suffered by him/her provided this does not exclude the liability of any such party for death or personal injury arising from that party's negligence.
- f) confirm that my son /daughter does not have any disability or medical condition, physical or mental, which could affect his/her ability to ride safely in this event. I understand that I must notify the Chief Executive of British Cycling at once if my son/daughter becomes subject to a disability or medical condition, physical or mental, which could affect his/her ability to ride safely in this event.
- g) agree that the Organisers may retain data provided for the entry for the purpose of administering the event & advising the entrant of future events they may organise as provided by their Privacy Policy. I understand that I may request this information to be modified or removed by emailing [admin@thehonc.co.uk](mailto:admin@thehonc.co.uk)
- h) agree that if during this event my son/daughter receives attention from the Emergency Services or St. John Ambulance, the Organisers may obtain my son/daughters details from them for the purpose of Incident Reporting to British Cycling.
- i) understand that this event entry is not valid until receipt of this form by the Event Administration.

**DECLARATION:** *By signing this I confirm that I am the Parent or guardian of and holding legal responsibilities for the above rider*

**Signed (Parent or Guardian)** ..... **Date**.....

*\*Winchcombe Cycling Club - a company limited by guarantee Registered in England, Number 8113168. Registered Office, 24 Wincel Road, Winchcombe, Glos. GL54 5YE*

**See EVENT RULES below.**

## EVENT RULES incorporating British Cycling Regulations - Hell of the North Cotswolds 2021

1. The ride is a **Non-Competitive On & Off Road Challenge aimed at EXPERIENCED RIDERS. It is NOT a race.** It is promoted under the British Cycling Guidelines. A medal will be awarded to all finishers.
2. All riders must follow any current Government Covid Guidelines at all times during the event.
3. The start will be staggered from 7.30am to 9.30 am Our marshals will organise groups on the day depending on rider's arrival time & riders should follow their instructions.
4. **100km, 75km & 50km routes are available.** (To complete the **75km route** - follow the 100km route to the Food Stop & then follow the 50km to the finish).
5. A bar coded **Rider Number must** be fixed to the front of each bike & be visible. **Any rider unable to complete the event must advise Event HQ.**
6. Riders numbers will be scanned at start & finish.
7. Marshalling & Scan Points open based on a 25kph average & close based on a 12.5 kph average. (Equivalent to riding the complete 100km route in 4 hours & **not more than** eight hours). Riders arriving late at the food stop on the 100 & 75Km routes will be directed to the 50Km route & must use this to return to Winchcombe.
8. The wearing of a hard-shell helmet conforming to CE Standards EN1078 is mandatory for all riders at all times whilst on the course.
9. It is the responsibility of each rider to follow the route which will be identified by distinctive yellow & black HONC markers. GPX routes will be issued to all registered riders in the week before the event.
10. It is the responsibility of each rider to assess the prevailing conditions & terrain & adjust their speed appropriately or dismount if necessary. **Permissive Use sections of the route must not be used at other times.**
11. The function of the marshals in this event is to do no more than indicate the direction the rider should take. Responsibility for safety whilst negotiating corners, junctions, turns & other hazards rests with the rider alone.
12. All riders must obey the Highway Code. Some sections are held on un-surfaced tracks & bridleways & whether on or off-road due consideration must be given to other users, particularly horse riders & walkers & the Countryside Code should be adhered to. On Bridleways there is a legal obligation to give way to pedestrians & horse riders. All riders, riding in a group must ride in an orderly manner, not more than two abreast & singling out on narrow lanes, busy roads & on bends. The use of earphones (Eg. MP3, iPod) is discouraged.
13. **The following are NOT PERMITTED** - a) Triathlon/time trial bars or similar. b) Disc wheels or tri-spokes. c) Penny farthings. d) The use of child carriers. e) The flying of **DRONES.**
14. **E Bikes** - Electrically Assisted Pedal Cycles (EAPCs) complying with the EAPC Regulations 1983 SI 1983/1168 **ARE PERMITTED** if they meet the following requirements -  
a) The bike must have pedals that can be used to propel it  
b) The electric motor should not be able to propel the bike when it is travelling more than 25kph/15.5mph  
c) The motor should not have a maximum power output of more than 250 watts.  
It must display one item from each of the following  
i) The power output or manufacturer of the of the motor  
ii) The battery's voltage or maximum speed of the bike.  
**NB any form of e-bike that does not comply with the above (e.g. ones with a "twist & go" throttle) are not permitted.**
15. It is the rider's responsibility to ensure their bikes are in safe working condition & roadworthy. Riders should carry sufficient water, food & money & ensure that they are adequately equipped to deal with punctures, mechanical breakdown & inclement weather.
16. All riders should carry a fully charged mobile phone, personal ID with their name, address & the emergency contact details to be used in the event of an accident. Use of the "what3words" App is recommended.
17. Riders are not permitted to have their own "personal" support vehicle.
18. **JUNIOR RIDERS - All riders under the age of 18yr. must submit a PARENTAL CONSENT FORM signed by their Parent/Guardian by post to HONC Administration within 7 days of entry. ENTRIES ARE NOT VALID UNTIL RECEIPT OF THIS FORM. Riders under the age of 16yr. must be accompanied by a parent or guardian.**
19. **EVENT CANCELLATION** - In circumstances where the organisers need to cancel the event an alternative date will be offered, alternatively a full refund of the entry fee will be made, less an Administration Charge of £3.00.
20. **REFUNDS** - In circumstances other than the organisers cancelling the event, no cancellation refunds will be allowable but organisers will allow a free transfer of the entry providing the original entrant contacts the organisers & follows their instructions.
21. **The organisers reserve the right to amend these Terms & Conditions if required to meet changes in British Cycling Guidelines or Government Covid Regulations.**