



HONC 2020 EVENT RULES (incorporating British Cycling Regulations) and TERMS and CONDITIONS and Data Permission

EVENT RULES

1. The ride is a **Non - Competitive On & Off Road Challenge** aimed at **EXPERIENCED RIDERS**. It is **NOT a race** and is promoted under the British Cycling Guidelines for non – competitive events. A commemorative HONC medal will be awarded to all finishers.
2. **100km, 75km & 50km routes are available.** (To complete the **75km route** you must follow the 100km route to the Food Stop & then follow the 50km to the finish).
3. Riders are required to **register** before the start & **sign off** at the end of the event. Bar coded **Rider Numbers** (which are provided at registration) **must** be fixed to the front of their bike & be visible. **Any rider unable to complete the event must advise Event HQ.**
4. There will be a number of Scan Points around the course and at the food stop where your Rider Number must be scanned.
5. Marshalling & Scan Points open based on a 25kph average and close based on a 12.5 kph average. (Equivalent to riding the complete 100km route in 4 hours and **not more than** eight hours). Riders arriving late at the food stop on the 100Km route will be directed to the 50Km route & must use this to return to Winchcombe.
6. The wearing of a hardshell helmet conforming to CE Standards EN1078 is mandatory for all riders at all times whilst on the course.
7. It is the responsibility of each rider to follow the course on the route map that will be available at registration. The route will also be identified by distinctive yellow & black HONC route markers. GPX routes will be issued to all registered riders in the week before the event.
8. It is the responsibility of each rider to assess the prevailing conditions and terrain and adjust their speed appropriately or dismount if necessary. Permissive Use sections of the route must not be used at other times.
9. The function of the marshals in this event is to do no more than indicate the direction the rider should take. Responsibility for safety whilst negotiating corners, junctions, turns and other hazards rests with the rider alone.
10. Where the event crosses or travels on public roads, then the laws of riding on the road and the Highway Code must be obeyed. Some sections are held on un-surfaced tracks and bridleways and due consideration must be given to other users, particularly horse riders and walkers and the Countryside Code should be adhered to. On Bridleways there is a legal obligation to give way to pedestrians and horse riders.
11. All riders, riding in a group must ride in an orderly manner in accordance with the Highway Code, not more than two abreast & singling out on narrow lanes, busy roads and on bends. All riders should extend all reasonable courtesy to other road users. The use of earphones (Eg. MP3, iPod) is discouraged.
12. **The following are NOT PERMITTED** - a) Triathlon/time trial bars or similar, disc wheels or tri-spokes, penny farthings
b) recumbent cycles c) The use of child carriers. d) The flying of DRONES
13. **Electrically Assisted Pedal Cycles (EAPCs)** complying with the EAPC Regulations 1983 SI 1983/1168 **are permitted** if they meet the following requirements – a) The bike must have pedals that can be used to propel it b) The electric motor should not be able to propel the bike when it is travelling more than 25kph / 15.5mph c) The motor should not have a maximum power output of more than 250 watts.
It must display one item from each of the following i) The power output or manufacturer of the of the motor ii) The battery's voltage or maximum speed of the bike.
NB any form of e-bike that does not comply with the above (e.g. ones with a “twist & go” throttle) are not permitted.
14. It is the rider's responsibility to ensure their bikes are in safe working condition and roadworthy. Riders should carry sufficient water, food and money and ensure that they are adequately equipped to deal with punctures, mechanical breakdown & inclement weather.
15. All riders should carry a fully charged mobile phone and some form of personal identification with their name, address and the emergency contact details of a person to be contacted in the event of an accident.
16. Riders are not permitted to have their own “personal” support vehicle.

17. **All riders under the age of 18yr. must submit a PARENTAL CONSENT FORM** signed by their Parent/Guardian by post to HONC Administration within 7 days of entry. **ENTRIES ARE NOT VALID UNTIL RECEIPT OF THIS FORM.**

18. **Riders under the age of 16yr. must be accompanied by a parent or guardian.**

19. No refund of entry fees will be allowed but transfer of an entry may be allowable entirely at the Organisers discretion and then only by following the Organiser's instructions.

TERMS and CONDITIONS

I have read and understood the Event Rules incorporating British Cycling Regulations and agree I will comply with them.

I acknowledge that the Organisers do not provide Public Liability Insurance Cover for individual riders and I agree that I am responsible for arranging my own cover for the event.

I, or my parents or guardian, agree that I participate in this event entirely at my own risk, that I must rely on my own ability in dealing with all the hazards, and that I must ride in a manner that is safe to myself and others. I am aware that when riding on a public highway the function of marshals is to indicate direction only and that I must decide whether the movement is safe.

I agree that there will be no liability whatsoever on the part of the promoter, promoting club/s, British Cycling, or any club or organisation affiliated thereto or their officials or members in respect of any injury, loss or damage suffered by me or caused by me in relation to this event to the extent that such liability can be legally excluded. I agree that this clause will be construed such that any liability that remains will be limited to the minimum that must remain.

I, or my parents or guardian agree that, if during this event I receive attention from the Emergency Services or St. John Ambulance, the Organisers may obtain my details from them for the purpose of Incident Reporting to British Cycling

If I am under 18 years old on the day of the event I will submit a signed PARENTAL/GUARDIAN CONSENT form to Event Administration within 7 days of entry. I understand that my event entry is not valid until receipt of this form by the Event Administration.

I acknowledge that HONC organisers will retain my entry information for a period of 6 years for the purpose of dealing with any claims that may arise from the event.

Data Permission (Checkbox statement on Entry Central)

The organiser may retain my email address in the HONC Marketing Database to advise me of future events [

(Your email address will be retained by HONC on a marketing database for a period of 3 years to enable us to notify you of future events. You have the right to request us to delete your email address from this database by emailing admin@thehonc.co.uk)

A full copy of our Policy Governing Personal Data may be found at <http://www.honc.org.uk>